

Observation of World Health Day

One Day Workshop on

“Dietary Consideration and Life Style Disorder” cum

Free Health Check-Up organized by
IQAC Coordinator: Mr Ajit Khanikar


NCC CTO : Dr Mitali Konwar

Date : 07/04/2022

A one day Workshop was organized on 7th of April 2022 at the college auditorium by the NCC unit in collaboration with the IQAC of this college where students , NCC Cadets, teachers and teachers from Jengraimukh college also participated. The Workshop was inaugurated by the Principal of the college Dr. Jahnabee Lahkar Boruah and she elaborately discussed the significance and historical background of the day and also the importance of the day specially in context to the Covid 19 Pandemic situation. Dr. Mitali Konwar, the CTO of the NCC unit of the college anchored the workshop and Dr. Nibaran Doley, Senior Medical Officer of Ratanpur Miri PHC delivered the lecturer on “Dietary Consideration and Life Style Disorder” and also had a interactive session with the students and teachers on the subject. He opined that most of the life style diseases can be reversed and slight change in food habit and life style can prevent lots of diseases.

A FREE HEALTH CHECK-UP CAMP was also arranged where Dr. Sweta Gupta and Dr. Ativa Goswami, Medical officer from Ratanpur Miri PHC volunteered to render services. Students, NCC Cadets, teachers, teachers from Jengraimukh College and also the general public took part in the free health check-up program and benifitted.




Principal
U.M.K. College, Majuli